

11<sup>th</sup> EVF HOW  
HANDS-ON WORKSHOP on VENOUS DISEASE  
Porto, Portugal, 5-7 October 2023

SCIENTIFIC PROGRAMME (provisional)  
Thursday 5 October 2023

07.30 Welcome

**Chronic Venous Disease (CVD) - Basics**

*Moderator: Armando Mansilha (Portugal)*

- 07.45 Definition of Venous Symptoms. *Joel Sousa (Portugal)*  
07.55 Pathophysiology of CVD. *Andrew Nicolaidis (Cyprus)*  
08.10 Importance of CEAP classification in CVD. *Niels Baekgaard (Denmark)*  
08.20 How accurate are our ultrasound tests for reflux and obstruction? *Marina Neto (Portugal)*  
08.35 Evaluation tools for CVD patients and assessment of outcomes. *Stephen Black (UK)*  
08.45 *Discussion*

**Non-invasive Treatment of CVD**

*Moderator: Tomasz Urbanek (Poland)*

- 09.00 Are drugs indicated and efficient? *Armando Mansilha (Portugal)*  
09.10 When to use bandages? *Karin van der Wegen (Netherlands)*  
09.20 When to use stockings? *Michel Juenger (Germany)*  
09.30 When to use intermittent pneumatic compression (IPC) *Rupert Bauersachs (Germany)*  
09.40 *Discussion*

09.50 Coffee break

10.10 Video: Provocation manoeuvres in the investigation of superficial leg vein diseases.  
*Erika Mendoza (Germany)*

10.40 **Workshop** – The “Nuts and Bolts” of the workshop. *Andrew Nicolaidis (Cyprus)*

**Workshops: 11.00-13.00**

*Duplex investigations, Saphenous ablation (thermal/non-thermal), Foam sclerotherapy, Varicose vein surgery, Pelvic vein incompetence, Compression stockings, Intermittent compression devices, IVUS, Stenting, Ulcer treatment, Treatment strategies for superficial venous problems, Thrombolysis, Early thrombus removal, Veno-active drugs, Open-valve reconstruction*

13.00 Lunch

**Superficial incompetence (1)**

**Optimal technique**

*Moderator: Dominik Heim (Switzerland)*

- 14.00 Varicose vein surgery with and without saphenous vein removal. *Armando Mansilha*  
14.10 When I use thermal ablation. *Lars Müller (Germany)*  
14.20 When I use non-thermal ablation. *Tahir Hussain (UK)*  
14.30 *Discussion*  
14.40 Diagnosis and Intervention for recurrence (PREVAIT). *Dominik Heim (Switzerland)*  
14.50 Complex cases of reflux and obstruction. *Houman Jalaie (Germany)*

- 15.00 Pelvic vein diseases. When and how to intervene. *Suat Doganci (Turkey)*  
 15.10 *Discussion*
- 15.20 Interventional treatments of varicose veins. Video presentation and discussion.  
*Tomasz Urbanek (Poland)*
- 15.35 *Case presentations*
- 16.05 Coffee break

**Workshops:** 16.05 - 18.05

*Duplex investigations, Saphenous ablation (thermal/non-thermal), Foam sclerotherapy, Varicose vein surgery, Pelvic vein incompetence, Bandaging, Compression stockings, Intermittent compression devices, IVUS, Stenting, Ulcer treatment, Treatment strategies for superficial venous problems, Thrombolysis, Early thrombus removal, Veno-active drugs, Open-valve reconstruction*

## Friday 6 October 2023

### Superficial incompetence (2)

#### Focus on foam sclerotherapy

*Moderator: Dominik Heim (Switzerland)*

- 07.45 Sclerotherapy in cosmetic treatment. *Tomasz Urbanek.*  
 07.55 Treatment of recurrent varicose veins with foam. *Dominik Heim (Switzerland)*  
 08.05 How to avoid complications of foam sclerotherapy? *Tomasz Urbanek (Poland)*  
 08.15 *Discussion*

### Management of acute Thromboembolism (1)

*Moderator: Niels Baekgaard (Denmark)*

- 08.25 CTV, MRV, IVUS and venography in the venous workup (acute DVT and CVD). *Stephen Black (UK)*  
 08.35 Do the direct oral anticoagulants (DOAC's) change the treatment of VTE? *Armando Mansilha (Portugal)*  
 08.45 Thrombophilia: Who needs to be tested? *Andrew Nicolaides (Cyprus)*  
 08.55 *Discussion*  
 09.05 Can we prevent DVT recurrence? *Andrew Nicolaides (Cyprus)*  
 09.15 Can we prevent the post-thrombotic syndrome? *Tomasz Urbanek (Poland)*  
 09.25 Current treatment of superficial vein thrombosis. *Armando Mansilha (Portugal)*  
 09.35 *Discussion*  
 09.45 Case presentations
- 10.10 Coffee break

**Workshops:** 10.30 – 12.30

*Duplex investigations, Saphenous ablation (thermal/non-thermal), Foam sclerotherapy, Varicose vein surgery, Pelvic vein incompetence, Compression stockings, Intermittent compression devices, IVUS, Stenting, Ulcer treatment, Treatment strategies for superficial venous problems, Thrombolysis, Early thrombus removal, Veno-active drugs, Open-valve reconstruction*

12.30 Lunch

### **Management of acute Thromboembolism (2)**

*Moderator: Stephen Black (UK)*

- 13.30 Catheter-directed thrombolysis (CDT) combined with venous stenting. *Niels Baekgaard (Denmark)*
- 13.40 Pharmaco-mechanical and mechanical thrombectomy. *Stephen Black (UK)*
- 13.50 The “shift” from CDT to early thrombus removal. *Efthymios Avgerinos (Greece)*
- 14.00 *Discussion*
- 14.10 Case presentations
- 15.30 Coffee break

### **Workshops: 16.00 - 18.00**

*Duplex investigations, Saphenous ablation (thermal/non-thermal), Foam sclerotherapy, Varicose vein surgery, Pelvic vein incompetence, Compression stockings, Intermittent compression devices, IVUS, Stenting, Ulcer treatment, Treatment strategies for superficial venous problems, Thrombolysis, Early thrombus removal, Veno-active drugs, Open-valve reconstruction*

## **Saturday 7 October 2023**

### **Diagnosis and treatment of chronic venous insufficiency (C3-C6)**

*Moderator: Andrew Nicolaidis*

- 07.45 Sequential treatment plan for CVI. *Olle Nelzen (Sweden)*
- 07.55 Indications and contra-indications to medical compression. *Tomasz Urbanek (Poland)*
- 08.05 Clinical practical management of venous ulcer. *Dominik Heim (Switzerland)*
- 08.15 *Discussion*
- 08.25 Treatment of deep vein obstruction. *Stephen Black*
- 08.35 Valve reconstruction. *Sergio Silva (Portugal)*
- 08.45 Perforator Incompetence treatment. *Olle Nelzen*
- 08.55 Can we determine the relative importance of obstruction and reflux in an individual patient? *Andrew Nicolaidis (Cyprus)*
- 09.05 Phlebolympoedema. *Franze-Josef Schingale (Germany)*
- 09.15 *Discussion*
- 09.25 Case presentations
- 10.00 Coffee break

### **Diagnosis and treatment of lymphedema**

*Moderator: Tomasz Urbanek (Poland)*

- 10.15 State-of-the-Art management of patients with lymphoedema. *Franz-Josef Schingale (Germany)*
- 10.35 *Discussion*

### **Workshops: 10.35 – 12.35:**

*Duplex investigations, Saphenous ablation (thermal/non-thermal), Foam sclerotherapy, Varicose vein surgery, Pelvic vein incompetence, Compression stockings, Intermittent compression devices, IVUS, Stenting, Ulcer treatment, Treatment strategies for superficial venous problems, Thrombolysis, Early thrombus removal, Veno-active drugs, Open-valve reconstruction*

12.35 End of meeting. Presentation of Case Presentation Prize

## 2023 WORKSHOPS

Thursday 5 October – 10.34 Introduction of workshops. *Andrew Nicolaidis (Cyprus)*

- There are 20 stations (see plan of building and rooms showing name of each room and station numbers)
- There are 20 groups of delegates with 4-5 persons in each.
- Each group of delegates spends 25 min per station and 5 min to wrap up and change. Each group will consist of 4-5 participants with 5 participants/station
- For the rotation, each group moves to the station with the next higher consecutive number.
- Workshop: Station 1 -25min, change -5min, Station 2 -25min, change -5min, Station 3 -25min, change -5min, Station 4 -25min etc
- Each delegate carries an attendance card which should be signed by the faculty at each station. Attendance card needs to be full to receive end-of-course Diploma with full CME points. Make sure the faculty confirms your attendance at each station.

<b>STATION</b>	<b>COMPANY</b>	<b>FACULTY</b>
<b>1. RF Ablation</b>	Medtronic	Jose Maria Hipola Ulecia
<b>2. Stenting</b>	Medtronic	Steven Black
<b>3. Venous Medical Adhesive</b>	Medtronic	Tahir Hussain
<b>4. Varicose Vein Surgery</b>	None	Olle Nelzen
<b>5. Compression Therapy</b>	Medi	Karin van der Wegen
<b>6. Venoactive Drugs</b>	Servier	Joanna Ferreira
<b>7. Pelvic Embolisation</b>	None	Suat Doganci
<b>8. IVUS</b>	Philips	David Greenstein
<b>9. Recurrent Veins</b>	tbc	Joel Sousa
<b>10. Superficial Veins</b>	tbc	Jose Lopes
<b>11. Deep Veins</b>	tbc	Rita Augusto
<b>12. Abdominal and Pelvic</b>	tbc	Daniel Brandao
<b>13. IPC</b>	Cardinal Health	Rupert Bauersachs
<b>14. Laser Ablation</b>	Biolitec	Lars Mueller
<b>15. Compression</b>	Bauerfind	Michael Juenger
<b>16. Foam Sclerotherapy</b>	Kreussler	Tomasz Urbanek
<b>17. Open Valve Reconstruction</b>	None	Sergio Silva
<b>18. Leg Ulcer Treatment</b>	3 companies	Dominik Heim
<b>19. Venous Stents</b>	BD	Houman Jalaie/Hayley Moore
<b>20. Thrombectomy</b>	BD	Efthymios Avgerinos/ Niels Baekgaard